



**860-647-3211 by 12:30 JANUARY 2022**

**Manchester Senior Center - Lunch Menu**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Week 1</b> Jan 3-7	<b>CHEF'S CHOICE</b>	Herb Garlic Chicken thighs Sweet Potatoes Broccoli	Salisbury Steak Mashed Potatoes Green Beans Dinner Roll	Garlic Pesto Chicken, Egg Noodles, Parmesan Spinach	Soup, Salad & Sandwich
<b>Week 2</b> Jan 10-14	<b>CHEF'S CHOICE</b>	Baked Ziti Caesar Salad Dinner Rolls	Vegetable Lasagna, Garlic Sticks, House Salad	Sloppy Joe Sandwiches Tater Tots House Salad	Soup, Salad & Sandwich
<b>Week 3</b> Jan 17-21	<b>SENIOR CENTER CLOSED MARTIN LUTHER KING DAY</b>	Pasta & Clam Sauce Florentine House Salad Dinner Roll	Shepard's Pie Cucumber & Tomato Salad Croissants	Chicken Cacciatore Caesar Salad Garlic Bread	Soup, Salad & Sandwich
<b>Week 4</b> Jan 24-28	<b>CHEF'S CHOICE</b>	Roasted Turkey Breast, Rice Pilaf, Asparagus & Cauliflower	Pork Chops in Mushroom Sauce Pesto Scalloped Potatoes Green Beans	Honey Mustard Pork Loin, Baked Potatoes, 3 Bean Salad, Dinner Roll	Soup, Salad & Sandwich
<b>Week 5</b> Jan 31- Feb 4	<b>CHEF'S CHOICE</b>	Chicken Parmesan Pasta House Salad Dinner Roll	BBQ Spareribs Spanish Rice Sweet Plantains	Turkey Pot Pie Caesar Salad Croissants	Soup, Salad & Sandwich